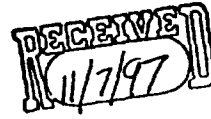


Traditional Medicinals.  
FIRST IN MEDICINAL HERB TEAS.



24. October 1997

0650 '97 DEC 16 P1:25

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street SW  
Washington, DC 20204

To whom it may concern,

Pursuant to 21 CFR 101.93 (a) (2), Traditional Medicinals, Inc., 4515 Ross Road, Sebastopol, CA 95472 hereby notifies the FDA that it is making the following statements covered by the referenced regulation for its;

FEMALE SAGE™ Herbal Dietary Supplement containing Chaste-Tree berry (*Vitex agnus-castus*) and Chaste-Tree berry extract (4:1): "*Encourages a Healthy Menopause*".

HERBA TUSSIN® Herbal Dietary Supplement containing Slippery Elm bark, Wild Cherry bark and Licorice root: "*Supports the Respiratory System*".

HONEY APPLE DOUBLE GINSENG™ Herbal Dietary Supplement containing Asian Ginseng root (*Panax ginseng*) and American Ginseng root (*Panax quinquefolius*): "*Enhances Stamina & Alertness*".

IRON WOMAN™ Herbal Dietary Supplement containing Yellow Dock root, Burdock root, Dandelion root and Nettle leaf: "*Iron Enhancing Tonic*".

MUCHO MATE™ Herbal Dietary Supplement containing green yerba maté leaf and roasted yerba maté leaf: "*Enhances Well-being*".

REISHI DEFENSE™ Herbal Dietary Supplement containing Reishi mushroom mycelium and fruit body: "*Supports a Healthy Immune System*".

ST. JOHN'S GOOD MOOD™ Herbal Dietary Supplement containing St. John's Wort herb (*Hypericum perforatum*) and St. John's Wort herb extract 0.3% hypericin: "*Enhances Mood and Well-being*".

SAW PALMETTO MALE TONER® Herbal Dietary Supplement containing Saw Palmetto berry (*Serenoa repens*) and dried Saw Palmetto berry extract 25% Total Fatty Acids: "*Helps Maintain Healthy Prostate Function*".

THINK-O2™ Herbal Dietary Supplement containing Ginkgo leaf extract (*Ginkgo biloba*) 24% Ginkgo Flavone Glycosides and 6% Total Terpene Lactones: "*Promotes Mental Performance*".

975-0162



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The undersigned certifies that the information contained in this notice is complete and accurate and that Traditional Medicinals, Inc. has substantiation that the statement is truthful and not misleading.

Very truly yours,



Lynda Sadler  
President

